

Part 1 F.A.C.E. Our Goliath

(Two Perspectives)

Perspective #1

Hey there!

Let's talk about facing challenges and growing spiritually, inspired by the **F.A.C.E. framework**. It's a simple yet profound way to understand how faith, actions, energy, and effectiveness work together to help us tackle our own "Goliaths" in life.

F is for Faith

Faith is like sitting in a chair—you have to trust it'll hold you up. It starts with knowledge.

We need to know what we're putting our faith in, just like Abraham trusted God's promises without wavering (**Romans 4:20-21**).

Faith isn't just blind hope; it's being fully convinced of things we can't see yet (**Hebrews 11:1**).

But here's the catch: true faith leads to action. If we believe in something, we'll act on it. Think of Peter preaching to the Gentiles—he acted because he believed (**Acts 15:6-7**).

Faith comes from hearing the Word, so keep soaking it in (**Romans 10:17**).

A is for Action

Faith without action is like a keyboard and mouse that aren't plugged in—pretty useless, right?

James reminds us that faith needs works to be complete (**James 2:22**). Sometimes we need new actions to move forward.

Maybe we're stuck because we lack knowledge or direction. That's when we call for help, obey instructions, and grow capacity.

God wants us to develop what He's given us, but it takes effort and obedience (**Daniel 11:32**). Remember, **faith mixed with action** is what brings results (**Hebrews 4:2**).

C is for Charged Up

Ever had your phone die when you needed it most? Staying charged spiritually is just as important. Paul talks about **edifying** ourselves through **praying in tongues** (**1 Corinthians 14:4**).

When we're spiritually charged, we're alert and ready to keep going strong in our actions. Think of it like those **signal bars on your phone**—when they're full, you're connected and equipped for whatever comes your way.

E is for Effective

Finally, we get to the saltshaker. Salt isn't just seasoning—it preserves, enhances, and keeps things pure. Jesus said we're the salt of the earth (**Matthew 5:13**).

But if we lose our saltiness, we lose our **effectiveness**. As believers, we're called to bring out the "God-flavors" in the world and preserve what's good. To stay effective, we need peace with others and keep our salt pure (**Mark 9:50**).

Here's the big picture:

- Faith gives us the foundation (**the chair**).
- Actions turn faith into movement (**the keyboard and mouse**).
- Staying charged keeps us going (**the cell phone**).
- Being effective ensures our impact lasts (**the saltshaker**).

So, what's your next step?

Maybe it's trusting God more deeply, taking bold actions, recharging spiritually, or living out your purpose with greater impact.

Whatever it is, remember—you've got this **only in Jesus' name!** Keep facing those Goliaths with F.A.C.E.

John 5:19 (NKJV)

Then Jesus answered and said to them, "Most assuredly, I say to you, **the Son can do nothing of Himself**, but what He sees the Father do; for whatever He does, the Son also does in like manner.

John 15:5 (NKJV)

I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; **for without Me you can do nothing**.

Perspective #2

F.A.C.E. Our Goliath: Part 1

In life, we often encounter challenges that seem insurmountable, much like the biblical account of David and Goliath.

To overcome these obstacles, we must rely on a combination of faith, action, perseverance, and effectiveness.

These four elements form the foundation of the **F.A.C.E.** framework: Faith, Action, Charged Up, and Effective. **Each element is represented by a metaphorical object**, offering insights into how we can navigate life's difficulties while growing spiritually, mentally, and emotionally.

Faith: The Chair

Faith is the cornerstone of the F.A.C.E. framework. It is likened to a chair—an object that requires trust to sit in.

Faith begins with knowledge, as **Romans 10:17** (RSV) reminds us: "Faith comes from what is heard, and what is heard comes by the preaching of Christ."

Knowledge of God's promises persuades us to place our trust in Him, **fully convinced** of His ability to fulfill what He has promised (**Romans 4:20-21**).

Hebrews 11:1 (AMP) further defines faith as "the assurance...of the things [we] hope for, being the proof of things [we] do not see."

Faith bridges the gap between knowledge and conviction, enabling us to act on what we believe.

Without knowledge, faith lacks direction; without faith, knowledge remains inactive. Together, they empower us to take meaningful steps toward fulfilling God's purpose for our lives.

Action: The Keyboard and Mouse

Faith without action is incomplete. **James 2:20** (NCV) states, "Faith that does nothing is worth nothing." Action is represented by the keyboard and mouse—tools that require intentional effort to operate.

Just as a **computer user** must engage these devices to achieve results, believers must take deliberate steps to manifest their faith.

Action often requires new knowledge and direction. **For example**, when faced with limitations in capacity or understanding, we may need to seek help, obey instructions, and apply what we learn.

Daniel 11:32 (RSV) emphasizes this principle: "The people who know their God shall stand firm and take action." **Knowledge** equips us to act effectively, while **obedience** ensures that our actions align with God's will.

Moreover, **Hebrews 4:2** (RSV) warns against hearing God's message without mixing it with faith. To avoid stagnation, we must continuously translate belief into action.

Whether through service, prayer, or ministry, our efforts demonstrate the vitality of our faith.

Charged Up: The Cell Phone

Perseverance is essential for sustaining action over time. This element is symbolized by a **cell phone**, which relies on signal strength and battery power to function effectively.

In our spiritual walk, we must remain "charged up"—alert and energized—to maintain momentum in our actions.

1 Corinthians 14:4 (RSV) highlights one way to recharge spiritually: "He who speaks in a tongue edifies himself." Spiritual edification through prayer, worship, and meditation strengthens our resolve and keeps us focused on our goals.

Just as a mobile device displays signal bars to indicate connectivity, believers must assess their spiritual strength regularly to ensure they are aligned with God's purpose.

Staying charged up also requires vigilance against distractions and discouragement. By remaining connected to God through His Word and prayer, we can replenish our spiritual energy and continue advancing in faith-driven actions.

Effective: The Saltshaker

The final element of the **F.A.C.E. framework** is effectiveness, represented by a saltshaker. **Matthew 5:13** (AMP) declares, "You are the salt of the earth." **Salt serves multiple purposes:** preserves, enhances flavor, and promotes healing.

As believers, we are called to embody these qualities in our interactions with others and in our service to God.

Effectiveness requires maintaining purity and focus. **Mark 9:50** (NKJV) advises, "Have salt in yourselves, and have peace with one another."

Peace among brethren ensures that our "saltiness" remains intact, allowing us to preserve lives and bring out the "**God-flavors**" of the earth (**Matthew 5:13** MSG).

To be effective, we must leave the confines of the saltshaker and engage with the world. This involves living out our faith **authentically**, demonstrating love and compassion, and influencing others positively.

Ineffectiveness arises when we lose sight of our purpose or allow external pressures to dilute our impact.

Synopsis

The F.A.C.E. framework provides a holistic approach to overcoming life's challenges:

- 1. Faith (Chair)** – Knowledge and belief form the foundation for trust in God.
- 2. Action (Keyboard and Mouse)** – Faith must be accompanied by intentional efforts.
- 3. Charged Up (Cell Phone)** – Spiritual strength sustains perseverance.
- 4. Effective (Saltshaker)** – Purposeful living preserves and enhances life.

By integrating these elements into our daily lives, we can confront our Goliaths with confidence and resilience.

Faith inspires action; action requires perseverance; perseverance leads to effectiveness.

Together, they empower us to fulfill God's calling and make a lasting impact on the world.

To be continued...

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